

SMALL BUSINESS EXCHANGE

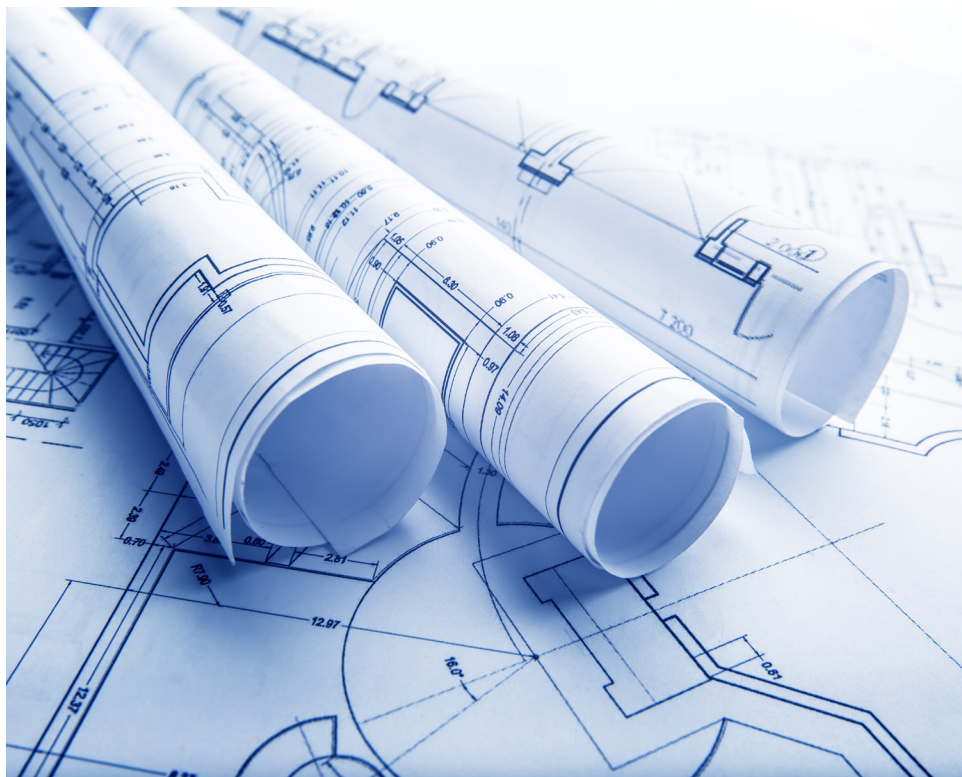
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Vol 34, Edition 50

Weekly Publication 

March 7, 2019

Construction Related to Healthcare Facilities Will Require Many Changes



[Article was originally posted on www.constructconnect.com]

By Mary Scott Nabers

President Trump talked a lot about health issues (cancer treatment, HIV research, drug prices, etc.) in his recent State of the Union address. Other elected officials throughout the country are also speaking out about healthcare issues. There is no alternative to providing citizens with healthcare services and government leaders are searching for ways to upgrade, modernize, and expand existing facilities while constructing new ones. The country's healthcare infrastructure has definitely attracted national attention and that will stimulate demand for construction services significantly in the next few years.

Some of the upcoming construction opportunities are huge. The city of Duluth, Minnesota has announced a medical infrastructure project that will likely represent an investment of more than \$1.8 billion. City and government leaders will have some public funding but private investment will be required. A public-private partnership will upgrade medical facilities throughout the area.

As the demand for construction increases though, it is obvious that healthcare construction will change. There will definitely be new considerations and construction firms monitoring trends and needs will have a competitive advantage as construction opportunities increase.

Medical procedures and practices have evolved dramatically over the past decade. Leading-edge technology, research, and training spaces will be required in all healthcare facilities. Digital record-keeping, network security, data analysis, and cloud storage planning will be required. New servers, routers, and cooling systems will have to be accommodated as construction plans are developed. Old hospitals and clinics that cannot be replaced will need to be redesigned and configured for technology requirements. Public facilities that require immediate attention are likely to need private-sector funding. That means that construction firms that understand public-private partnerships will benefit.

And, because so many hospitals have been impacted by storms in the past decade, resiliency will be a major consideration in new construc-

■ Continued on page 8

Mentoring: The Missing Link to Small Business Growth and Survival

By Kathleen McShane,

As a former small business owner and entrepreneur, I know first-hand the support, resources and access to networks and financing that entrepreneurs need. While there are many businesses that experience success, the fact remains that only half of all small businesses survive more than five years (source: SBA Office of AdvocacyDownload Adobe Reader to read this link content); and about 10-12 percent of all employee-based firms close each year. There is growing

evidence, however, that connecting a business with a mentor can change this statistic.

Having a mentor can change the playing field for a small business. Research has shown us that small businesses that receive mentoring early in the development of the business achieve higher revenues and increased business growth. A survey by the UPS Store found that 70 percent of small businesses that received mentoring survived more than five years – double the survival rate of non-mentored businesses. The

same survey found that 88 percent of business owners with a mentor said that having one was invaluable.

When Lorena Cantarovici first set her sights on entrepreneurship, she attended a workshop run by a SBA Denver Small Business Development Center that helped her develop her first business plan. Lorena's love for hand-crafted empanadas turned into a thriving small business. Early on, she got counseling from the SBDC on accounting, marketing, legal issues and risk management. As demand soared, her business grew and she was able to move from a converted kitchen in her garage to a storefront.

Because starting a business can be overwhelming, a mentor can help to navigate the complex challenges that often come with being a business owner. There are many factors involved in business startup, from applying for licensing to securing financing. And those factors can have an impact on turning one's passion into a profitable business. Getting guidance from someone who has been there themselves as an entrepreneur

or business owner can be an added asset. In addition, there are resources available to provide business owners with the knowledge and guidance that are key to business growth, development and survival.

Having a business mentor can yield many benefits and provide the expertise that you might not have. A mentor can help you avoid common pitfalls through their real-life experiences. And a mentor can help establish you as a lifelong learner.

The SBA's experienced volunteer mentors can provide meaningful business advice, some at no cost. Lorena is a great example of entrepreneurship, and a symbol of the many ways the SBA supports entrepreneurs as they start and grow. She was even honored as the SBA's Colorado Small Business Person of the Year in 2017.

There are several SBA resources in the community committed to making your small business a success.

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Community Outreach

Rep. Barbara Lee, Boots Riley Headline Greenlining Economic Summit Apr. 26

26th Annual Event Marks Official Farewell for Longtime Greenlining Institute President Orson Aguilar

The Greenlining Institute's 26th annual Economic Summit, "Reclaiming Our Time," will feature a stellar lineup, including U.S. Rep. Barbara Lee, acclaimed rapper, activist, producer, screenwriter and film director Boots Riley, She the People founder Aimee Alison, and many others exploring how to move America toward true justice and equity.

Each year Greenlining brings together powerful voices for change—grassroots community leaders, nationally known advocates, artists, elected officials and more—for a unique event that focuses like a laser on how to build a more equitable, just society. More than a conference, it's a one-of-a-kind event where innovation, art and activism align. With a theme inspired by Rep. Maxine Waters' iconic 2017 "reclaiming my time" moment, this year's Economic Summit will highlight the leaders — especially here in California — who refuse to stay silent in the face of injustice.

Founded in 1993, The Greenlining Institute envisions a nation where communities of color thrive



Orson Aguilar

and race is never a barrier to economic opportunity. See Greenlining's Economic Summit web page for detailed information on the day's program.

Last year's Summit sold out, and this year's is expected to as well. Journalists wishing to attend are asked to RSVP to Bruce Mirken at brucem@greenlining.org.

WHAT:

The Greenlining Institute's 26th annual Economic Summit

WHO:

Speakers and awardees include rapper/filmmaker Boots Riley, Rep. Barbara Lee, Dream Corps President Vien Truong, She the People founder Aimee Alison and more.

WHEN:

Friday, April 26, 8:30 a.m. – 5:30 p.m. (registration opens at 8)

WHERE:

Oakland Marriott, Oakland City Center, 1001 Broadway, Oakland, California, 94607



Smart Ways TO WORK

by Odette Pollar

Moving Is Fun.... Really!

For most people a root canal, major surgery or parachuting from a plane is preferable to moving into new living quarters. Whether it is across country or across town, the amount of effort required is the same. Each and every object must be wrapped and boxed. Even when moving by choice—a promotion or marriage that takes you across the country—it is an emotionally charged

time. If you have had the experience of cleaning out the house of a parent or other relative, you are familiar with the amount of effort and emotional distress that accompanies such a task. There are ways to make the experience if not fun, then bearable.

Preplanning is the most important part of an efficient, smooth, moving experience. It is a major undertaking, so treat it as you would any large project. Start planning at least three months before your move date. Everyone in the family should have a role in the effort. Post a large wall calendar, with completion dates noted, where everyone can see it.

Have a layout plan for your new location. A floor plan of the new location will help you visualize how your belongings will fit. Go to the new home or apartment the day before and place signs in each room, indicating furniture placement and where to stack boxes. It will help the movers, even if they are your closest friends,

place items properly. Signage prevents you from being pulled in eight directions at once with questions about "where does this go?"

Begin collecting boxes far in advance of the move. You will need an incredible number of them. Liquor boxes are a good all-around, all-purpose-size box, as are the boxes in which copy paper is delivered. You can also purchase heavy-duty moving boxes. Avoid damaged or tired boxes that may not hold up during the move and can cause spillage, breakage, or other damage to your goods. Check Craig's List. Often people will give away their boxes once their move is complete. An average three-bedroom house will require between 70 and 100 boxes.

If you choose to hire professional movers, they can do the packing for you, along with transportation and unloading. Some will even unpack at your destination. These options are limited only by your budget. If you choose to work with a moving company, be clear about your expecta-

tions and be sure to read the fine print on your contract. There are two main complaints about moving companies: timeliness and the damage to your goods. Ask for references and explain your timetable. If your interactions prior to the move date are less than stellar, it bodes ill for the actual move: find another company. Investigate your homeowner's insurance for a policy rider that covers moves. Compare the cost and coverage allowances with what your mover can provide.

Don't make the mistake of undervaluing your own time, energy, and resources. Consider how much of your time will be spent running around to locate boxes, packing materials, small truck rentals, etc. Include the cost of gas for your vehicle, as well as your labor in packing the boxes, loading, and transporting them on both ends of the move. It may be wiser to hire specialists. If budget is a problem, get assistance for portions

■ Continued on page 11

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ISSN 0892-5992



Access to Capital

Ready to Grow Your Business?

5 Ways to Separate Your Personal and Business Finances

By Marco Carbajo,

As a business owner, establishing a distinct separation between your personal finances and your business finances is pivotal for protecting your own assets and credit. This above all things should be a top priority for managing money the right way.

An incorporated business is treated as a separate legal entity and it must be treated as such. For starters, separation between personal and business finances should be on the top of the list. Doing so will prevent the co-mingling of funds, accounts, and assets which protects the integrity of the corporate veil.

Here are five ways to separate your personal and business finances.

Open a small business bank account – To keep personal funds and business funds completely separate you must have two different bank accounts. On personal checking account

and the other a small business checking account. This sets you up for clean and accurate book-keeping so when tax time rolls around it will make it easy for your accountant.

Apply for a DUNS Number – A DUNS number is the most widely used identifying number for businesses in the United States. It enables you to build a business credit identity for your company completely separate from your individual credit profile.

Create a corporate presence online – A company web site and dedicated email address is expected in today's business environment. Your business should have its own dedicated IP address separate from your own personal web sites.

Set up utility accounts in the company's name – The utility services you pay to operate your business should be established in your company's name. This includes business phone lines, cell phone services, internet service, cable services, etc. These service accounts are the ex-

penses your business pays on a monthly basis so it's important to handle them accordingly.

Apply for credit in the company's name – When applying for credit with a supplier or vendor be sure to submit your company information on the credit application. With trade credit; suppliers, vendors and retailers will extend financing terms ranging from net 10 to net 60 days. This will enable your business to establish credit history plus buy products and services on credit while deferring payment for 10-60 days.

Acquire a business credit card – The primary tool for separating personal and business charges is with a business credit card. Business credit cards allow you to track your business expenses, control spending and build your business credit. Some cards even offer special rewards and perks.

Whether you're planning to start a business or own an existing business, these are just some of the ways business and personal finances are kept separate.

Failing to separate your personal and business finances leads to an accounting nightmare for your bookkeeper. In order to protect your personal assets, it's critical to separate your business expenses, accounts, and finances from you personally, or you risk forfeiting the legal protections that entity structures offer.

About the Author:

Marco Carbajo is a business credit expert, author, speaker, and founder of the Business Credit Insiders Circle. He is a business credit blogger for Dun and Bradstreet Credibility Corp, the SBA.gov Community, About.com and All Business.com. His articles and blog; Business Credit Blogger.com, have been featured in 'Fox Small Business', 'American Express Small Business', 'Business Week', 'The Washington Post', 'The New York Times', 'The San Francisco Tribune', 'Alltop', and 'Entrepreneur Connect'.

SOURCE: <https://www.sba.gov>

California Sub-Bid Request Ads



Floating Fire Station 35
Pier 22.5, SF, CA
BID DATE: Friday March 22, 2019 at 3:00 p.m.
EMAIL TO: Bill Krill - BKrill@swinerton.com
Swinerton Builders is requesting **STEEL** quotations from **ALL** subs.
20% LBE Participation required, must be Certified by City of San Francisco.
SCOPE OF WORK:
To protect against sea-level rise and earthquakes, the City of San Francisco has awarded to Swinerton Builders a new approximately 16,034 gsf Fire Station on top of a floating barge at piers 22.5/24 (just north of the Bay Bridge) in San Francisco. This is a complete design-build project which is on Port of San Francisco land and will be managed by the San Francisco Department of Public Works (with LBE requirements) with funding through the Emergency Safety and Emergency Response (ESER) Bond passed in 2014. The project includes a steel frame building with metal decking, berthing for three Fire Boats, small craft storage and launching, dive equipment and boat, ambulance access and living quarters for Fire crews and officers.
TRADES:
Structural steel, Metal decking, Miscellaneous metal, Steel stairs and Decorative metal.
PLANS & SPECIFICATIONS:
Available through Swinerton "Smartbid" – contact Bill Krill at BKrill@swinerton.com
WE REQUEST BIDS FROM ALL SUBS
Please submit your bid to BKrill@swinerton.com
"Swinerton is an Equal Employment Opportunity, Minority, Women, Disability, and Veteran Employer"

CAHILL CONTRACTORS LLC
requests bids for **Certified SBE Subcontractors and Suppliers** for the following **DESIGN-BUILD** trades:
Fire Sprinkler / Solar / Exterior Building Maintenance / Fire Alarm (Design Only)
1064 MISSION STREET - DESIGN-BUILD BID
1064 Mission Street, San Francisco, CA 94103
This is an SFCMD project with construction workforce and prevailing wage requirements.
BID DATE: 3/18/19 @ 2 PM
BID DOCUMENTS:
Please contact Colby for access to documents on BuildingConnected.
CONTACT:
Colby Smith at estimating@cahill-sf.com, (415) 677-0611.

CAHILL CONTRACTORS LLC
requests bids for **Certified SBE Subcontractors and Suppliers** for **ALL** trades **EXCEPT:**
Structural Concrete / Structural Light Gauge Metal Stud Framing / Exterior Building Maintenance / Elevators / Fire Sprinklers / Plumbing / HVAC / Electrical / Solar / Earthwork / Shoring / Hoist / Crane / Scaffold
YERBA BUENA ISLAND - REMAINING TRADES
301 Macalla Court, San Francisco, CA 94130
This is a TIDA project with a PLA and construction workforce requirements.
BID DATE: 3/18/19 @ 2 PM
BID DOCUMENTS:
Please contact Colby for access to documents on BuildingConnected.
CONTACT:
Colby Smith at estimating@cahill-sf.com, (415) 677-0611.

Santa Clara Valley Transportation Authority

Disadvantaged and Small Business Summit

Join Us at VTA's Largest Prime Contractor Networking Event



- Expand and grow your business by connecting with prime contractors and public agencies (First 100 attendees to check in will receive a private meeting with a Prime Exhibitor!)
- Provide comments on VTA's Proposed FFY 2020-2022 Triennial DBE Goal
- Learn about VTA's 2018 Disparity Study
- Participate in DBE & SBE Certification Workshop (Bring completed application for review)

Friday, March 22, 2019
8:30 am to 12:00 pm
VTA Auditorium
3331 N. First Street
San José, CA 95134
Register at <https://goo.gl/y7r3Bb>

Participating Public Agencies:

- California Department of Transportation (Caltrans)
- County of Santa Clara
- Department of General Services (DGS)
- Metropolitan Transportation Commission (MTC)
- Norcal Procurement Technical Assistance Center (Norcal PTAC)
- Golden Gate Bridge, Highway and Transportation District (GGBHT)

In accordance with the Americans with Disabilities Act (ADA) and Title VI of the Civil Rights Act of 1964, VTA will make reasonable arrangements to ensure meaningful access to its meetings for persons who have disabilities and for persons with limited English proficiency who need translation and interpretation services. Individuals requiring ADA accommodations should notify the Office of Small and Disadvantaged Businesses (OSDB) at least 48-hours prior to the meeting. Individuals requiring language assistance should notify OSDB at least 72-hours prior to the meeting. OSDB may be contacted at (408) 321-5962 or e-mail: osdb@vta.org or (408) 321-2330 (TTY only). VTA's home page is on the web at: www.vta.org or visit us on Facebook at: www.facebook.com/scvta. (408) 321-2300: 中文 / Español / 日本語 / 한국어 / tiếng Việt / Tagalog.

CNS-3220418#



California Sub-Bid Request Ads



SYBLON REID
General Engineering Contractors
Providing Solutions to Difficult Projects

P.O. BOX 100 Folsom, CA 95763
Phone: (916) 351-0457 Fax: (916) 351-1674
Contact: Will Scott

Sub-Bids Requested From **MBE, DBE, WBE** Subcontractors & Suppliers for:
OWNER: COUNTY OF HUMBOLDT DEPARTMENT OF PUBLIC WORKS
MITCHELL ROAD (C4J090) AT P.M. 1.15 STORM DAMAGE PROJECT
PROJECT NO.: FEMA 4301-DR-CA PW 1029
CONTRACT NO.: 217300
BIDS OPEN: MARCH 26, 2019 AT 2:00 PM

Trades Solicited:

ASPHALT, PILINGS, CONCRETE & CEMENT, REINFORCING BAR SECTION, GUARD RAILINGS & BARRIERS, TRAFFIC CONTROL SYSTEM, PLANE ASPHALT CONCRETE, ASPHALT CONCRETE, FURNISH & DRIVE PILING, REINFORCING STEEL, METAL BEAM GUARD RAILING, CONCRETE BARRIER, PAVEMENT MARKING, SURVEYOR, LAND SURVEYING

If a portion of the work is too large for you to handle, contact us and we will try and break it into smaller portions

Subcontractors and suppliers must be licensed to conduct business in the state of California. Must be able to provide payment and performance bonds provided by approved surety company. SRC will pay bond premium up to 1.5% of subcontract amount and will assist with insurance compliance. SRC will work with subcontractors on joint check agreements. Plans and specs are available for viewing at our Folsom office and upon request will provide FTP site for electronic viewing of project.

Bonding, insurance, lines of credit and any technical assistance or information related to the plans or specifications for the work will be made available. Assistance with obtaining necessary equipment, supplies, materials, or related assistance or services for this project will also be offered.



SYBLON REID
General Engineering Contractors
Providing Solutions to Difficult Projects

P.O. BOX 100 Folsom, CA 95763
Phone: (916) 351-0457 Fax: (916) 351-1674
Contact: John Pottenburgh

Sub-Bids Requested From **MBE, DBE, WBE** Subcontractors & Suppliers for:
OWNER: NAPA COUNTY DEPARTMENT OF PUBLIC WORKS
RIDGECREST DRIVE MPM 0.40, RDS 18-22 2017 STORM DAMAGE REPAIR –
GRADE BEAM WALL PROJECT.
BIDS OPEN: MARCH 21, 2019 AT 1:30 PM

Trades Solicited:

REBAR, CIDH (DRILLING), CONCRETE WORK, MGS – METAL BEAM GUARD RAIL, TRAFFIC CONTROL, READY MIX SUPPLY, AC PAVEMENT AND AC GRINDING.

If a portion of the work is too large for you to handle, contact us and we will try and break it into smaller portions

Subcontractors and suppliers must be licensed to conduct business in the state of California. Must be able to provide payment and performance bonds provided by approved surety company. SRC will pay bond premium up to 1.5% of subcontract amount and will assist with insurance compliance. SRC will work with subcontractors on joint check agreements. Plans and specs are available for viewing at our Folsom office and upon request will provide FTP site for electronic viewing of project.

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SYBLON REID
General Engineering Contractors
Providing Solutions to Difficult Projects

P.O. BOX 100 Folsom, CA 95763
Phone: (916) 351-0457 Fax: (916) 351-1674
Contact: John Pottenburgh

Sub-Bids Requested From **MBE, DBE, WBE** Subcontractors & Suppliers for:
OWNER: NAPA COUNTY DEPARTMENT OF PUBLIC WORKS
SUNNYHILL DRIVE MPM 0.40, RDS 11-16 2017 STORM DAMAGE REPAIR –
GRADE BEAM WALL PROJECT.
BIDS OPEN: MARCH 21, 2019 AT 1:30 PM

Trades Solicited:

REBAR, CIDH (DRILLING), CONCRETE WORK, MGS – METAL BEAM GUARD RAIL, TRAFFIC CONTROL, READY MIX SUPPLY, AC PAVEMENT AND AC GRINDING.

If a portion of the work is too large for you to handle, contact us and we will try and break it into smaller portions

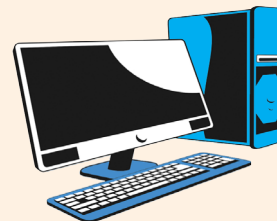
Subcontractors and suppliers must be licensed to conduct business in the state of California. Must be able to provide payment and performance bonds provided by approved surety company. SRC will pay bond premium up to 1.5% of subcontract amount and will assist with insurance compliance. SRC will work with subcontractors on joint check agreements. Plans and specs are available for viewing at our Folsom office and upon request will provide FTP site for electronic viewing of project.

Bonding, insurance, lines of credit and any technical assistance or information related to the plans or specifications for the work will be made available. Assistance with obtaining necessary equipment, supplies, materials, or related assistance or services for this project will also be offered.



FIND

Subcontractors, Vendors,
and Suppliers



REACH

Diverse Audiences of Various
Ethnicity, Race, & Gender



ADVERTISE

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Public Legal Notices
Job Listings

SBE Newspaper boasts a weekly readership of **75,000**
SBE Delivers competent, competitive, and certified subcontractors,
vendors, and suppliers
Contact us at 800-800-8534 or sbe@sbeinc.com



431 Payran Street, Petaluma, CA 94952
Phone: 707-835-2900 • Fax: 707-835-2994
Contact: Kelsey Godfrey
Email: bid@arntzbuilders.com

REQUESTS QUOTATIONS FROM ALL STATE OF CALIFORNIA DGS CERTIFIED DVBE
SUBCONTRACTORS & SUPPLIERS and ALL QUALIFIED SUBCONTRACTORS & SUPPLIERS
FOR ALL TRADES FOR THE FOLLOWING PROJECT:

GEORGE WASHINGTON HIGH SCHOOL
VOLUNTARY SEISMIC STRENGTHENING

SAN FRANCISCO, CA

SFUSD Project #11898

BID DATE: March 26, 2019 @ 2:00pm

ESTIMATE: \$25,500,000

Trades needed but not limited to: Earthwork, Excavation and Backfill, Selective Demo, Site Clearing, Concrete, Cast-in-Place Concrete, Shotcrete, Structural Steel and Misc. Iron, Metal Fabrications, Casework, Roof Insulation, Modified Bitumen Roofing, Flashing and Sheet Metal, Unit Skylights, Firestopping, Joint Sealers, Hollow Metal Door Frames, Access Panels, Door Hardware, Glazing, Metal Framing, Gypsum Board, Ceramic Tile, Acoustical Ceilings, Painting, Visual Display Boards, Interior Signage, Toilet Room Accessories, Fire Protection Accessories, Metal Lockers, Walk-in Cooler and Freezer, Elevator Modernization, Fire Suppression, Plumbing, HVAC, Electrical, Asphalt Paving, Haz-Mat.

CONTACT: Kelsey Godfrey bid@arntzbuilders.com

All contractors shall be registered with the Department of Industrial Relations pursuant to Labor Code Section 1725.5 to be qualified to bid on, be listed in a bid proposal (submitted on or after March 1, 2015) or be awarded a contract for public work on a public works project (awarded on or after April 1, 2015). In addition, they are subject to the requirements of Section 4104 of the Public Contract Code.

BONDING, INSURANCE, TECHNICAL ASSISTANCE AVAILABLE. PLANS AVAILABLE IN GC'S PLAN ROOM. SUCCESSFUL SUBCONTRACTORS WILL BE REQUIRED TO SIGN ARNTZ BUILDERS, INC. STANDARD SUBCONTRACT AGREEMENT WHICH INCLUDES ARNTZ BUILDERS, INC. REQUIREMENT THAT SUBCONTRACTORS PROVIDE A 100% FAITHFUL PERFORMANCE AND PAYMENT BOND OF THE SUBCONTRACT PRICE FROM A TREASURY LISTED SURETY COMPANY ACCEPTABLE TO ARNTZ BUILDERS. BOND PREMIUM TO BE INCLUDED IN BID AS A SEPARATE ITEM. SUBCONTRACTORS WILL BE REQUIRED TO PROVIDE A WAIVER OF SUBROGATION ENDORSEMENT TO THEIRWORKERS COMPENSATION INSURANCE.

WE ARE SIGNATORY TO THE CARPENTER'S AND LABORER'S
COLLECTIVE BARGAINING AGREEMENTS
AN EQUAL OPPORTUNITY EMPLOYER



California Sub-Bid Request Ads



THE PRESSURE GROUT CO.,

is submitting a bid on **March 26, 2019, @ 2PM,** for the following project:

**Seismic Retrofit- Soil Improvements at Marina Middle School
3500 Fillmore Street
San Francisco, CA 94123**

We are looking for quotes for the following services from Certified DVBE Subcontractors and Suppliers of all trades to submit bids for:

1. Top Soil certified in accordance California Environmental Quality Act.
2. Trucking
3. Landscaping
4. Plumbing

Please submit your quotes by email to: pgc@pressuregrout.com
Or by Fax to: 510-887-2275

ADVERTISE YOUR AD HERE

Advertise your Sub-Bid Requests in the Small Business Exchange

With a monthly readership of 75,000, SBE reaches a diverse audience, cutting across ethnic and gender lines as well as traditional industry segments.



DESILVA GATES CONSTRUCTION

11555 Dublin Boulevard • P.O. Box 2909
Dublin, CA 94568-2909
(925) 829-9220 / FAX (925) 803-4263
Estimator: **JIM YACKLEY**
Website: www.desilvagates.com
An Equal Opportunity/Affirmative Action Employer

DeSilva Gates Construction (DGC) is preparing a bid as a Prime Contractor for the project listed below:

CALTRANS ROUTE 70 – CONSTRUCTION ON STATE HIGHWAY IN YUBA COUNTY NEAR LINDA AND MARYSVILLE FROM 0.3 MILE SOUTH OF FEATHER RIVER BOULEVARD UNDERCROSSING TO THE YUBA RIVER BRIDGE AND OVERHEAD,
Contract No. 03-0H5104,
Federal Aid Project No. ACHSNHG-P070(136)E
Disadvantaged Business Enterprise Goal Assigned is 16%

OWNER
STATE OF CALIFORNIA - DEPARTMENT OF TRANSPORTATION
1727 30th Street, Bidder's Exchange, MS 26,
Sacramento, CA 95816

BID DATE: MARCH 14, 2019 @ 2:00 P.M.

DGC is soliciting quotations from certified Disadvantaged Business Enterprises, for the following types of work and supplies/materials including but not limited to:

AC DIKE, COLD PLANE, CONCRETE BARRIER, CONSTRUCTION AREA SIGNS, ELECTRICAL, EMULSION SUPPLIER, LEAD COMPLIANCE PLAN, METAL BEAM GUARDRAIL, ROADSIDE SIGNS, ROADWAY EXCAVATION, RUMBLE STRIP, STRIPING, SWPPP/WATER POLLUTION CONTROL PLAN PREPARATION, TEMPORARY EROSION CONTROL, UNDERGROUND, VEGETATION CONTROL, TRUCKING, WATER TRUCKS, STREET SWEEPING, CLASS 2 AGGREGATE BASE MATERIAL, HOT MIX ASPHALT (TYPE A) MATERIAL, RUBBERIZED HMA (OPEN GRADE) MATERIAL, ASPHALT OIL/BINDER SUPPLIER.

Plans and specifications may be reviewed at our offices located at 11555 Dublin Boulevard, Dublin, CA or 7700 College Town Drive, Sacramento, CA, or at your local Builders Exchange, or reviewed and downloaded from the ftp site at <ftp://ftp%25desilvagates.com:f7pa55wd@pub.desilvagates.com> (if prompted the username is <ftp://ftp%25desilvagates.com> and password is [f7pa55wd](ftp://ftp%25desilvagates.com)) or from the Owner's site at www.dot.ca.gov/hq/esc/oe/weekly_ads/all_adv_projects.php

Fax your bid to (925) 803-4263 to the attention of Estimator Jim Yackley. If you have questions for the Estimator, call at (925) 829-9220. When submitting any public works bid please include your DUNS number and DIR number. For questions regarding registration for DIR use the link at: www.dir.ca.gov/Public-Works/PublicWorks.html

If you need DBE support services and assistance in obtaining bonding, lines of credit, insurance, necessary equipment, materials and/or supplies or related assistance or services, for this project call the Estimator at (925) 829-9220, or contact your local Small Business Development Center Network (<http://californiasbdc.org>) or contact the California Southwest Transportation Resource Center (www.transportation.gov/osdbu/SBTRCs). DGC is willing to breakout portions of work to increase the expectation of meeting the DBE goal.

At our discretion, 100% Payment and 100% Performance bonds may be required as a subcontract condition. This will be a PREVAILING WAGE JOB. DGC is an Equal Opportunity/Affirmative Action Employer.

DESILVA GATES CONSTRUCTION

11555 Dublin Boulevard • P.O. Box 2909
Dublin, CA 94568-2909
(925) 829-9220 / FAX (925) 803-4263
Estimator: **VICTOR LE**
Website: www.desilvagates.com
An Equal Opportunity/Affirmative Action Employer

DeSilva Gates Construction (DGC) is preparing a bid as a Prime Contractor for the project listed below:

ZINFANDEL COMPLEX PROJECT – CONSTRUCTION ON STATE HIGHWAY IN SACRAMENTO COUNTY ON STATE HIGHWAY 50 IN THE CITY OF RANCHO CORDOVA AT ZINFANDEL DRIVE FROM 0.2 MILE SOUTH TO 0.1 MILE NORTH OF ZINFANDEL DRIVE OVERCROSSING
City Project No. CP14-2132,
Federal Aid Project No. STPL-5482(032)
Disadvantaged Business Enterprise Goal Assigned is 11%

OWNER
**CITY OF RANCHO CORDOVA – 2729 Prospect Park Drive,
Rancho Cordova, CA 95760**

BID DATE: MARCH 14, 2019 @ 2:00 P.M.

DGC is soliciting quotations from certified Disadvantaged Business Enterprises, for the following types of work and supplies/materials including but not limited to:

BRIDGE, CLEARING AND GRUBBING/DEMOLITION, COLD PLANE, CONCRETE BARRIER, CONSTRUCTION AREA SIGNS, ELECTRICAL, EROSION CONTROL, FENCING, LEAD COMPLIANCE PLAN, METAL BEAM GUARDRAIL, MINOR CONCRETE, MINOR CONCRETE STRUCTURE, ROADSIDE SIGNS, DELINEATORS, MARKERS, SIGN STRUCTURE, SLURRY SEAL, STRIPING, SURVEY/STAKING, SWPPP/WATER POLLUTION CONTROL PLAN PREPARATION, TEMPORARY EROSION CONTROL, TRAFFIC CONTROL SYSTEMS, UNDERGROUND, VEGETATION CONTROL, TRUCKING, WATER TRUCKS, STREET SWEEPING, IMPORTED BORROW, CLASS 2 AGGREGATE BASE MATERIAL, HOT MIX ASPHALT (TYPE A) MATERIAL, ASPHALT TREATED PERMEABLE BASE, RUBBERIZED HMA (OPEN GRADE) MATERIAL.

Plans and specifications may be reviewed at our offices located at 11555 Dublin Boulevard, Dublin, CA or 7700 College Town Drive, Sacramento, CA, or at your local Builders Exchange, or reviewed and downloaded from the ftp site at <ftp://ftp%25desilvagates.com:f7pa55wd@pub.desilvagates.com> (if prompted the username is <ftp://ftp%25desilvagates.com> and password is [f7pa55wd](ftp://ftp%25desilvagates.com)) or from the Owner's site.

Fax your bid to (925) 803-4263 to the attention of Estimator Victor Le. If you have questions for the Estimator, call at (925) 829-9220. When submitting any public works bid please include your DUNS number and DIR number. For questions regarding registration for DIR use the link at: www.dir.ca.gov/Public-Works/PublicWorks.html

If you need DBE support services and assistance in obtaining bonding, lines of credit, insurance, necessary equipment, materials and/or supplies or related assistance or services, for this project call the Estimator at (925) 829-9220, or contact your local Small Business Development Center Network (<http://californiasbdc.org>) or contact the California Southwest Transportation Resource Center (www.transportation.gov/osdbu/SBTRCs). DGC is willing to breakout portions of work to increase the expectation of meeting the DBE goal.

At our discretion, 100% Payment and 100% Performance bonds may be required as a subcontract condition. This will be a PREVAILING WAGE JOB. DGC is an Equal Opportunity/Affirmative Action Employer.



REGIONAL CONNECTOR CONSTRUCTORS SKANSKA TAYLOR

Regional Connector Constructors JV of 444 South Flower Street, Suite 2200, Los Angeles, CA requests sub-bid quotes from all interested Subcontractor's, including certified DBE's, for

**Radio System on the Regional Connector Transit Corridor project. Owner: LACMTA (Metro).
Contract No. C0980 RFP No. 100RC Bid Date: March 15, 2019 at 2:00 PM.**

Pre-Bid Meeting: Tuesday, March 5, 2019 at 9:00AM at 444 South Flower Street, Suite 2200, Los Angeles, CA 90071. Please RSVP if attending with Nicole.Holliday@Skanska.com.

Plans & Specs can be viewed at our office Monday - Friday 8am to 4pm (call for appointment) or downloaded free at: <https://skanskausa.sharefile.com/i/ib5d64ed1f0b4b34b>

Should you have any questions or desire to quote on this project, please contact Nicole Holliday, DBE Coordinator at (213) 407-8571 or Nicole.Holliday@Skanska.com. Assistance in bonding, insurance, lines of credit or obtaining equipment, supplies and materials is available upon request. This advertisement is in response to Metro's DBE program. Regional Connector Constructors JV intends to conduct itself in good faith with DBE firms regarding participation on this project. More info about this project is available at <http://www.teamrcc.com>. Regional Connector Constructors JV is an EEO/AA/Vet/Disability Employer.



McCarthy Building Companies, Inc.

20401 S.W. Birch Street, Newport, CA. 92660
Phone (949) 851-8383 Ext. 73347 • Fax (949) 756-6841
Stephanie Monsen, Preconstruction Manager – smonsens@mccarthy.com

**Disabled Veteran Business Enterprise - Invitation to Bid
Project: SMMUSD – Samohi Discovery Building
Santa Monica California**

Number: E-1808
Bids Due: March 21st, 2018 - 2:00PM PST
Location: 601 Pico Blvd, Santa Monica, CA 90405
Expected Start: June 2019
Expected Finish: June 2021
Project Size: 225,000 sq. ft.
Architect: HED

Description:

Create a new educational building in the phased campus master plan. Provide a new 4-story open building concept including physical labs, special education classroom, 28 classrooms for two houses with adjoining commons. The new 4-story building will consist of 50 meter pool, parking garage with lower level B2 and surface parking, dining facility, distribution center, special education classroom, project lead the way/physical science labs, special academic instruction collaboration classrooms, computer lab, career technology education labs and general classrooms.

Documents can be found at - <https://mbc.box.com/v/SamohiDiscovery>





California Sub-Bid Request Ads



5225 Hellyer Avenue, Suite #220
San Jose, CA 95138
Phone (408) 574-1400 Fax (408) 365-9548
Contact: Bryan Jones
Email: estimating@graniterock.com

**REQUESTING SUB-QUOTES
FROM QUALIFIED DBE FIRMS
SUBCONTRACTORS/SUPPLIERS/
TRUCKERS FOR:**

Rebid –
Light Rail Track Intrusion Prevention

Contract C19003F

Owner: Santa Clara Valley
Transportation Authority

Engineers' Estimate: \$3,500,000.

BID DATE: March 15, 2019 @ 1:00 PM

Items of work include but are not limited to: Traffic Control, Remove Striping & Markings, Concrete Barrier Wall, Slurry Seal, Chain Link Fence & Swing Gate, Metal Picket Fence & Sliding Gate, Signs, Striping & Markings, Electrical, Irrigation and Trucking.

Granite Rock Company 'Graniterock' is signatory to Operating Engineers, Laborers, Teamsters, Carpenters and Cement Masons unions. 100% performance and payment bonds will be required from a qualified surety company for the full amount of the sub-contract price. Bonding assistance is available. Graniterock will pay bond premium up to 1.5%. In addition to bonding assistance, subcontractors are encouraged to contact Graniterock Estimating with questions regarding obtaining lines of credit, insurance, equipment, materials and/or supplies, or with any questions you may have. Subcontractors must possess a current contractor's license, DIR number, insurance and worker's compensation coverage. Subcontractors will be required to enter into our standard contract. Graniterock intends to work cooperatively with all qualified firms seeking work on this project.

We are an Equal Opportunity Employer



O.C. Jones & Sons, Inc.
1520 Fourth Street • Berkeley, CA 94710
Phone: 510-526-3424 • FAX: 510-526-0990
Contact: Jean Sicard

**REQUEST FOR DBE
SUBCONTRACTORS AND SUPPLIERS FOR:**

2014 Napa Earthquake Pavement Repairs,
Rds 18-14
County of Napa

BID DATE: March 14, 2019 @ 3:30 PM

We are soliciting quotes for (including but not limited to):

Trucking, Temporary and Permanent Erosion Control Measures, Pulverizing Pavement, Striping & Marking, Traffic Control, Crack Seal, and Construction Materials

An Equal Opportunity Employer

100% Performance & Payment Bonds may be required. Worker's Compensation Waiver of Subrogation required. Please call OCJ for assistance with bonding, insurance, necessary equipment, material and/or supplies. OCJ is willing to breakout any portion of work to encourage DBE Participation. Plans & Specs are available for viewing at our office.



O.C. Jones & Sons, Inc.
1520 Fourth Street • Berkeley, CA 94710
Phone: 510-526-3424 • FAX: 510-526-0990
Contact: Jason Martin

REQUEST FOR DVBE & SBESUBCONTRACTORS AND SUPPLIERS FOR:

Ohlone Community College District
Ohlone College North Parking Lot
BID DATE: March 13, 2019 @ 2:00 PM

We are soliciting quotes for (including but not limited to):

Trucking, Temporary and Permanent Erosion Control Measures, Survey, Clearing, Tree Removal, Scheduling, Concrete Curb & Gutter, Flatwork, Concrete Structures (Retaining Walls, Stairs), CMU Building (CMU, Doors, Skylights, Roofing, etc.), Water Line, Sewer, Storm Drain, Fencing, Gates, Hand Rails, Bollards, Landscape, Irrigation, Asphalt Material Supply, Aggregate Supply, Mechanical, Hazardous Materials Abatement, Striping, Signs, Painting, Fire Alarm Systems, Lighting, Site Electrical, Cold Milling, Slurry Seal, Saw Cutting, Waterproofing, Temporary Fence, Rebar, Utility Adjustment, Pipe Supply, SWPPP Plan, and Construction Materials

An Equal Opportunity Employer

100% Performance & Payment Bonds may be required. Worker's Compensation Waiver of Subrogation required. Please call OCJ for assistance with bonding, insurance, necessary equipment, material and/or supplies. OCJ is willing to breakout any portion of work to encourage DVBE & SBE Participation. Plans & Specs are available for viewing at our office.

Sub-Bids Requested from qualified DBE Subcontractors and Suppliers For:

NORTH CITY PURE WATER FACILITY

Owner: City of San Diego

Location: San Diego, CA

Bid Date: April 3, 2019 @ 2:00 P.M.

J.F. Shea Construction, Inc.

667 Brea Canyon Road, Suite 30 • Walnut, CA 91789

Phone: (909) 595-4397, Fax: (909) 444-4268

Contact: Lori Olivas, lori.olivas@jfshea.com

J.F. Shea Construction, Inc. is soliciting your participation in the preparation of this bid. We are particularly interested in bids from subcontractors/suppliers for the following work items:

Aggregates, Drilled Concrete Piers, Landscaping, Geotextiles, AC Paving, Decorative Concrete Paving, Curb & Gutter, Fencing, Ready-Mix Concrete, Reinforcing Steel, Precast Concrete, Welding, Structural Steel, Steel Decking, Metal Stud Framing & Drywall, Miscellaneous Metals, Decorative Metal Stairs & Railings, Wire Rope Decorative Metal Railings, Cabinetry, Waterproofing, Insulation, Metal Wall Panels, Composite Wall Panels, Roofing, Sheet Metal, Metal Doors/Frames/Hardware, Wood Doors, Access Doors, Overhead Coiling Doors, Aluminum Storefront, Glazing, Skylights, Louvers, Acoustic Plaster Systems, Ceramic Tiling, Acoustical Panel Ceilings, Flooring, Terrazzo Flooring, Tile Carpet, Metal Faced Acoustical Panels, Sound-Absorbing Wall Units, Painting & Coatings, Signage, Toilet Compartments, Toilet Accessories, Fire Protection Specialties, Metal Lockers, Window Treatments, Lab Casework, Dumbwaiters, Elevators, HVAC, Equipment, Cranes & Hoists, Electrical and Instrumentation, Cathodic Protection.

Plans and Specifications: Contract Documents may be obtained free of charge by visiting the City's website: <http://www.sandiego.gov>. Plans may also be viewed at the Dodge Plan Rooms or at our Walnut Office.

J.F. Shea Construction, Inc. is an equal opportunity employer and intends to negotiate in good faith with interested DBE firms and intends to utilize the lowest responsive bidder. J.F. Shea expects potential subcontractors to be bondable. J.F. Shea will pay for up to 1% for subcontractor bond costs. Subcontractors and Suppliers are expected to bid per plans and specifications, including requirements for warranties. Standard manufacturer's warranties, if not in conformance with owner's specifications, will not be accepted.



(An Equal Opportunity Employer)

Animal Care & Control Project

Clark Construction has released a Request for Proposal (RFP) to pre-qualified prime bidders for acoustical ceilings, ceramic tile, cold storage rooms, fences & gates, lab casework/casework, overhead coiling doors, painting & concrete sealer, polished concrete, resinous flooring, specialties and animal equipment.

For subcontractors interested in lower-tier opportunities on the above scopes, please contact Rachel Browne for the list of pre-qualified prime bidders.

The RFP files can be accessed via Box at the link provided below:

<https://clarkconstruction.box.com/v/sfacc>

Bid Due Date: 3/14/19 2:00 pm

Clark Construction Group- California, LP

Contractor License #839892

180 Howard Street, Suite 1200, San Francisco, CA 94105

Contact: Rachel Browne

Phone: (628) 333-1597

rachel.browne@clarkconstruction.com



ENVIRONMENTAL CONTRACTORS, INC.

CAL LIC. NO. 723241

11555 Dublin Boulevard

Dublin, CA 94568-2909

Phone: (925) 803-4333 • FAX: (925) 803-4334

Estimator: Keith Donahue

KDonahue@pacificstates.net

Pacific States Environmental Contractors, Inc. (PSEC) is preparing a bid as a Prime Contractor for the project listed below:

PROJECT:

**Laguna Creek (Line E) Improvements 1200 feet
Downstream of Cushing Parkway to Starboard
Drive in Fremont, Alameda County California,
Zone No. 6 Project.**

OWNER:

**Alameda County Flood Control and Water
Conservation District**

951 Turner Court, Room 300

Hayward, CA 94545

BID DATE: April 2, 2019 @ 2:00 PM

We hereby encourage responsible participation of Disadvantaged Minority/Women Owned Business Enterprises and solicit their subcontractor or materials and/or suppliers and trucking quotation for the following types of work including but not limited to:

**Survey, Concrete, Fencing, Shoring,
Landscaping and Underground Utilities.**

At our discretion, 100% Payment and 100% Performance bonds may be required as a subcontract condition. Please call if you need assistance in obtaining bonding, insurance, equipment, materials and/or supplies for this project.

This will be a PREVAILING WAGE JOB.

Plans and specifications may be viewed at our office located at 11555 Dublin Boulevard, Dublin, CA, or may be viewed or purchased by contacting Central Blue Print at 17132 E. 14th Street, Hayward, CA 94541 (510-276-2275), East Bay Blue Print and Supply at 1745 14th Ave. Oakland, CA 94606 (510-261-2990), or Custom Blue Print, 1944 Mt. Diablo Blvd. Walnut Creek, Ca 94596 (925-932-3113).

PSEC is willing to breakout any portion of work to encourage Disadvantaged Minority/Women Owned Business Enterprises and solicit their subcontractor or materials and/or suppliers and trucking quotations as well as increase the expectations of meeting the D/M/WBE goal. If you require any assistance, please contact the Estimator, Keith Donahue, email him at KDonahue@pacificstates.net or call (925) 803-4333. Bids may be faxed to us at (925) 803-4334. When submitting any public works bid please include your DUNS number and DIR number. For questions regarding registration for DIR use the link at: www.dir.ca.gov/Public-Works/PublicWorks.html. We are an Equal Opportunity Affirmative Action Employer.

If you need D/M/WBE support services and assistance in obtaining bonding, lines of credit, insurance, necessary equipment, materials and/or supplies or related assistance or services, for this project call the Estimator at (925) 803-4333.

At our discretion, 100% Payment and 100% Performance bonds may be required as a subcontract condition. This will be a PREVAILING WAGE JOB.

**PSEC is an Equal Opportunity/Affirmative
Action Employer.**



Workforce Development

Construction Apprenticeships: Building the Workforce of Tomorrow



Image credit by www.constructconnect.com

[Article was originally posted on www.constructconnect.com]

By Kendall Jones,

Apprenticeships play a vital role in supplying the construction industry with its skilled workforce. Unfortunately, at their current enrollment and completion levels, registered apprenticeships alone aren't enough to meet the current and projected demands for the industry over the next decade. To be fair, apprenticeships have never been the sole provider of labor to the construction workforce but they are a key piece of the puzzle. The potential for apprentice programs to play a larger role in training and preparing the next generation of skilled labor is high, but changes are needed. Dealing with construction labor shortages has been a growing issue over the past few years and establishing a stronger network of apprentice programs can go a long way in resolving those issues.

Registered apprenticeships provide benefits to both workers and employers. According to the Department of Labor, the average starting wage for a registered apprentice is \$15.00 an hour. (Compare that to the federal minimum wage of \$7.25 an hour.) Apprenticeships involve a mix of on-the-job training and classroom instruction for a specific occupation. The average registered apprenticeship program lasts four years and typically involves about 2,000 hours of on-the-job training and 144 hours of classroom instruction each year.

Those who complete an apprenticeship are awarded a nationally recognized certificate of completion from the Department of Labor's Office of Apprenticeship. The earn while you learn approach can be an attractive alternative to obtaining a two- or four-year degree.

Registered apprenticeships are programs certified by either the federal Department of Labor's (DOL) Office of Apprenticeship (OA) or through a state apprenticeship agency (SAA). 25 states and the District of Columbia run their own SAA and are responsible for registering apprentice programs. For the remaining 25 states, the OA is in charge of approving and regulating apprenticeship programs. Apprenticeships are typically sponsored and run by employers, unions, joint labor-management organizations and industry trade organizations.

There are a number of benefits for employers willing to invest the time and resources in creating an apprentice program, regardless of whether its registered or not. For starters, you can create your own pipeline of workers to meet the current and future needs of your business. Employers who run their own programs can craft the training to your standards, meaning employees perform the work to your company's expectations. Establishing a company sponsored apprentice program conveys the message that you are invested in the future of your employees. Their success is tied to your success which can lead to employee loyalty

and increased productivity and can save you money in the long run by decreasing your turnover rate.

So how much do apprenticeships contribute to the construction workforce? For starters, there isn't any reliable data on the number of unregistered apprenticeships, like receiving a diploma or certificate in plumbing at a local community college. The Office of Apprenticeship captures data for the 25 states that are federally regulated along with data from nine of the SAA states in their Registered Apprenticeship Partners Information Management Data System (RAPIDS).

For FY2015, 132,100 of the 182,176 active apprentices RAPIDS reported on were in the construction industry. That comes out to about 73% of active apprentices training for occupations in construction. If we assume that 73% is accurate for all registered apprentices, including the states that don't use RAPIDS, then there were approximately 257,076 registered apprentices training for careers in construction in FY2015. The total number of active apprentices in FY2015 was 352,159 if you exclude the 95,770 active apprenticeships in the U.S. Military Apprenticeship Program which is only available to active duty service members in the Navy, Coast Guard and Marine Corps.

In 2015, there were 9,935,000 people employed in the construction industry. If we take out occupations like management, sales, ad-

ministration, etc., there were 6,347,000 people employed in construction and extraction occupations in the construction industry. If 257,076 of those were active apprentices, that's only 4% of the workforce. Even more disturbing is the number of those completing apprenticeships. For the last five years, the average number of those completing programs is about 44,643 a year. If we apply the assumed 73% of that is made up of construction apprentices it comes out to just 32,589 a year.

Despite all the benefits of getting involved in registered apprenticeships either as an employee or an employer, there are still a number of challenges that need to be addressed.

A 2013 report by The Aspen Institute Workforce Strategies Initiative, Apprenticeship Completion and Cancellation in the Building Trades, looked to identify the causes for apprenticeship cancellations and the barriers to completion. Of the apprenticeship agreements started between 2006 and 2007 only 36% had completed by May 2012 with 46% cancelled and 18% still active. The report noted that even in times of economic growth the cancellation rate can be as high as 50%.

Visit link below for the full article

<https://www.constructconnect.com/blog/operating-insights/construction-apprenticeships-building-the-workforce-of-tomorrow/>

Mexico Foreign Minister Ebrard and L.A. Mayor Garcetti announce Mexico-L.A. Commission

MEXLA is the first commission of its kind, highlighting a new avenue of collaboration between a city and a federal government

Mexico Foreign Minister Marcelo Ebrard and Los Angeles Mayor Eric Garcetti agreed today to establish MEXLA, a new commission made up of residents from Los Angeles and Mexico who will work to reinforce the already strong ties between the two regions.

“Mexico and Los Angeles are bound together by ties of family, history, values, and culture — and we are determined to work together to build a brighter, healthier, more prosperous future,” said Mayor Garcetti. “MEXLA will strengthen the bonds between our communities by exchanging the best ideas in trade, tourism, athletics, the arts, climate and energy, and more. Our partnership will help make life better for families on both sides of the border.”

Mexico and the City of Los Angeles will select engaged community members representing key sectors, such as trade, sports, renewable energy, science, arts, culture, and tourism to serve on the MEXLA



commission. Members will be named in May and will take part in convenings and projects to enhance cross-border collaboration. The Pacific Council on International Policy in Los Angeles and COMEXI



in Mexico will serve as key non-profit partners, and will organize and direct the Commission. Mexico Undersecretary for North America Jesus Seade and Mayor Garcetti will be honorary co-chairs.

“Los Angeles is the largest Mexican city outside of Mexico, and we have a long shared history with this vibrant and diverse metropolis,” said Undersecretary Seade. “I am pleased to be working with Mayor Garcetti on this important and unique initiative that will empower our community leaders to make further contributions to an already deep relationship.”

MEXLA is the result of a meeting held today at Mexico’s Ministry of Foreign Affairs with both Foreign Minister Ebrard and Undersecretary Seade, and a Los Angeles delegation led by Mayor Garcetti, with Councilmembers Monica Rodriguez and Gil Cedillo. The leaders discussed topics affecting Los Angeles and Mexico — including climate and energy, trade, earthquake preparedness, education, immigration, and tourism.

SOURCE: www.lamayor.org

Construction Related to Healthcare Facilities Will Require Many Changes

Continued from page 1

tion. Massachusetts General Hospital has announced that its \$1 billion expansion will be designed to serve staff and patients following any types of future disasters. The construction that will occur there will also be funded in large part by private-sector investors.

A survey conducted by the American Society for Healthcare Engineering found that 89% of hospital facility professionals consider resiliency, such as the ability to withstand natural disasters and power outages, one of the most critical components in the design of new healthcare facilities.

In many parts of the U.S., population growth is impacting healthcare systems and networks to the point that adjacent facilities are required. Because many hospitals must release patients quicker because of overload and insurance requirements, as well as demand for short-term rehabilitation facilities, day surgery clinics, and urgent care locations have emerged.

The city of Pullman, Washington, is preparing to ask residents to approve funding for Pullman Regional Hospital’s proposed upgrades. A bond package will include construction of a community health facility, redesign and upgrade of the city’s regional hospital, implementation of a communitywide electronic personal health record system, and a number of other smaller projects. The election will be held in April and if it passes, construction would break ground shortly after that. The city hopes to complete the project by 2021.

The University of California, San Francisco Medical Center has also announced an upcoming opportunity for design and construction services. As the university expands and adds new programs and enhances existing programs, con-

struction is required. The opening of the school’s Precision Cancer Medical Building is creating even more needs and construction firms interested in pursuing construction opportunities should know that preparation for services is underway now.

The University of Texas at Austin will soon select a construction manager-at-risk (CMAR) for the redesign of the Austin State Hospital. The new Austin State Hospital Brain Health Campus, which could cost up to \$300 million, will include a new 240-bed hospital building as well as site development, support buildings, and infrastructure improvements. Subcontractor opportunities could be advertised as early as the third quarter of 2019.

Research facilities on university campuses are expanding throughout the country. Many schools are affiliating with private-sector hospital chains and research capabilities make any university more attractive to private-sector investors and partners. Cancer research and treatment facilities are available in every state and research programs focusing on the brain and brain injuries are becoming prolific also. Research facilities will require construction to expand and upgrade in the immediate future.

Officials at the University of California, Davis Health (UCDH) have announced construction plans. A firm to design and construct renovations in the Ambulatory Care Center of the university’s Ellison Building will be selected soon. The teaching hospital will consolidate several clinical practices and bring them into the building. UCDH has said it wants to deliver the project using the Progressive Design-Build model for a phased renovation of the four-story, 375,000-square-foot building.

To summarize, healthcare construction demands are spiraling upward significantly, and companies are advised to monitor healthcare needs and changes that will be required very carefully.

SOURCE:

<https://www.constructconnect.com/blog/construction-news/construction-related-healthcare-facilities-will-require-many-changes/>



Image by bridgesward on Pixabay



Public Legal Notices



CITY & COUNTY OF SAN FRANCISCO
DEPARTMENT OF PUBLIC WORKS

**Contract No. 1000013087
JOB ORDER CONTRACT J45
SPECIALITY DOORS**

Sealed bids will be received at 1155 Market Street, 4th Floor, San Francisco, California 94103 until **2:30 p.m. on March 20, 2019**, after which they will be publicly opened and read. Digital files of Bid Documents, Plan Holders Lists, and Addenda may be downloaded at no cost from the Public Works Electronic Bid Documents Download site at www.sfpublishworks.org/biddocs. Please visit the Contracts, Bids and Payments webpage at www.sfpublishworks.org for more information (click on Resources > Contractor Resources). Notices regarding Addenda and other bid changes will be distributed by email to Plan Holders.

The advertisement for bids is for the award of a Job Order Contract (JOC). Work is accomplished by issuing Task Orders to the successful Contractor during the term of the Contract. The scope of work may include removal and installation of specialty doors and related work, including work at San Francisco Fire Department fire stations that will remain fully operational during construction.

The Contract Term is 730 days from the date of notification to Contractor of executed Contract or when the cumulative amount of issued Task Orders reaches the Maximum Contract Value, whichever comes first. The Contract Term may be extended up to 5 years to complete the work of issued Task Orders, but no new Task Orders

will be issued after the first 4 years.

The Maximum Contract Value is \$2,500,000, with a guarantee to receive opportunity to perform a minimum of \$50,000 worth of Task Order(s) to be issued during the Contract Term. For more information, contact the JOC Manager, **Teenehee Le** at 415-558-4023.

Bids will not be accepted from contractors currently holding a JOC contract with San Francisco Public Works, except when such existing JOC contract will expire in 120 days or fewer from the date Bids are due for this Contract, or if the contractor has been issued Task Orders valued by the City in an amount equal to or exceeding 90% of the Maximum Contract Value of the existing JOC contract.

On July 1, 2014, the registration program under section 1725.5 of the California Labor Code went into effect. The program requires that all contractors and subcontractors who bid or work on a public works project register and pay an annual fee to the California Department of Industrial Relations ("DIR").

No contractor or subcontractor may be listed in a bid or awarded a contract for a public works project unless registered with the DIR as required by Labor Code section 1725.5 [with limited exceptions from this requirement for bid purposes only under Labor Code section 1771.1(a)].

Pursuant to San Francisco Administrative Code ("Administrative Code") Section 6.25 and Chapter 25 of the Environment Code, "Clean Construction" is required for the performance of all work.

Each Task Order will include liquidated damages, and each Task Order will be on a Lump Sum basis computed using preset Unit Prices and the Adjustment Factors. Progressive payments will

be made on Task Orders with construction duration of more than 45 calendar days.

The Contract will be awarded to the lowest responsible responsive bidder.

Bid discounts may be applied as per Administrative Code Chapter 14B. LBE Subcontracting Participation Requirement is 5%. Call Fionnbarra (Finbarr) Jewell at 415-274-0511 for details. In accordance with Administrative Code Chapter 14B requirements, all bidders shall submit documented good faith efforts with their bids, except those who exceed the above stated LBE Subcontracting Participation Requirement

by 35%. Bidders must achieve 80 out of 100 points to be deemed responsive. Bidders will receive 15 points for attending the pre-bid conference, if scheduled. Refer to CMD Form 2B.

A pre-bid conference will be held on **March 5, 2019 at 9:30 a.m.** at 30 Van Ness Avenue, 3rd Floor Golden Gate Conference Room. Bidders are strongly encouraged to attend to obtain information regarding the Job Order Contract program.

For information on the City's Surety Bond Program, call Jennifer Elmore at (415) 217-6578.

A corporate surety bond or certified check for no less than \$62,500, an amount equal to ten percent (10%) of the Initial Performance Bond and Initial Payment Bond amount of \$625,000, must accompany each bid.

Class "D-28" license required to bid.

In accordance with Administrative Code Chapter 6, no bid is accepted and no contract in excess of \$600,000 is awarded by the City and County of San Francisco until such time as the Mayor or the Mayor's designee approves the contract for award, and the Director of Public Works then

issues an order of award. Pursuant to Charter Section 3.105, all contract awards are subject to certification by the Controller as to the availability of funds.

Minimum wage rates for this project must comply with the current General Prevailing Wage as determined by the State Department of Industrial Relations. Minimum wage rates other than applicable to General Prevailing Wage must comply with Administrative Code Chapter 12P, Minimum Compensation Ordinance.

This Project is subject to the requirements of the San Francisco Local Hiring Policy for Construction ("Policy") as set forth in Administrative Code Section 6.22(g). Bidders are hereby advised that the requirements of the Policy will be incorporated as a material term of any contract awarded for the Project. Refer to Section 00 73 30 of the Project Manual for more information.

Bidders are hereby advised that the Contractor to whom the Contract is awarded must be certified by the Contract Monitoring Division as being in compliance with the Equal Benefits Provisions of Chapter 12B of the Administrative Code within two weeks after notification of award.

If a bidder objects on any ground to any bid specification or legal requirement imposed by this Advertisement for Bids, the bidder shall, no later than the 10th working day prior to the date of Bid opening, provide written notice to the Contract Administration Division, San Francisco Public Works, setting forth with specificity the grounds for the objection.

3/7/19

**CNS-3227114#
SMALL BUSINESS EXCHANGE**



CITY & COUNTY OF SAN FRANCISCO
DEPARTMENT OF PUBLIC WORKS

**Contract No. 1000013088
JOB ORDER CONTRACT J46
SPECIALITY DOORS**

Sealed bids will be received at 1155 Market Street, 4th Floor, San Francisco, California 94103 until **2:30 p.m. on March 20, 2019**, after which they will be publicly opened and read. Digital files of Bid Documents, Plan Holders Lists, and Addenda may be downloaded at no cost from the Public Works Electronic Bid Documents Download site at www.sfpublishworks.org/biddocs. Please visit the Contracts, Bids and Payments webpage at www.sfpublishworks.org for more information (click on Resources > Contractor Resources). Notices regarding Addenda and other bid changes will be distributed by email to Plan Holders.

The advertisement for bids is for the award of a Job Order Contract (JOC). Work is accomplished by issuing Task Orders to the successful Contractor during the term of the Contract. The scope of work may include removal and installation of specialty doors and related work, including work at San Francisco Fire Department fire stations that will remain fully operational during construction.

The Contract Term is 730 days from the date of notification to Contractor of executed Contract or when the cumulative amount of issued Task Orders reaches the Maximum Contract Value, whichever comes first. The Contract Term may be extended up to 5 years to complete the work

of issued Task Orders, but no new Task Orders will be issued after the first 4 years.

The Maximum Contract Value is \$2,500,000, with a guarantee to receive opportunity to perform a minimum of \$50,000 worth of Task Order(s) to be issued during the Contract Term. For more information, contact the JOC Manager, **Teenehee Le** at 415-558-4023.

Bids will not be accepted from contractors currently holding a JOC contract with San Francisco Public Works, except when such existing JOC contract will expire in 120 days or fewer from the date Bids are due for this Contract, or if the contractor has been issued Task Orders valued by the City in an amount equal to or exceeding 90% of the Maximum Contract Value of the existing JOC contract.

On July 1, 2014, the registration program under section 1725.5 of the California Labor Code went into effect. The program requires that all contractors and subcontractors who bid or work on a public works project register and pay an annual fee to the California Department of Industrial Relations ("DIR").

No contractor or subcontractor may be listed in a bid or awarded a contract for a public works project unless registered with the DIR as required by Labor Code section 1725.5 [with limited exceptions from this requirement for bid purposes only under Labor Code section 1771.1(a)].

Pursuant to San Francisco Administrative Code ("Administrative Code") Section 6.25 and Chapter 25 of the Environment Code, "Clean Construction" is required for the performance of all work.

Each Task Order will include liquidated damages, and each Task Order will be on a Lump Sum

basis computed using preset Unit Prices and the Adjustment Factors. Progressive payments will be made on Task Orders with construction duration of more than 45 calendar days.

The Contract will be awarded to the lowest responsible responsive bidder.

Bid discounts may be applied as per Administrative Code Chapter 14B. LBE Subcontracting Participation Requirement is 5%. Call Fionnbarra (Finbarr) Jewell at 415-274-0511 for details. In accordance with Administrative Code Chapter 14B requirements, all bidders shall submit documented good faith efforts with their bids, except those who exceed the above stated LBE Subcontracting Participation Requirement

by 35%. Bidders must achieve 80 out of 100 points to be deemed responsive. Bidders will receive 15 points for attending the pre-bid conference, if scheduled. Refer to CMD Form 2B.

A pre-bid conference will be held on **March 5, 2019 at 9:30 a.m.** at 30 Van Ness Avenue, 3rd Floor Golden Gate Conference Room. Bidders are strongly encouraged to attend to obtain information regarding the Job Order Contract program.

For information on the City's Surety Bond Program, call Jennifer Elmore at (415) 217-6578.

A corporate surety bond or certified check for no less than \$62,500, an amount equal to ten percent (10%) of the Initial Performance Bond and Initial Payment Bond amount of \$625,000, must accompany each bid.

Class "D-28" license required to bid.

In accordance with Administrative Code Chapter 6, no bid is accepted and no contract in excess of \$600,000 is awarded by the City and County of San Francisco until such time as the Mayor

or the Mayor's designee approves the contract for award, and the Director of Public Works then issues an order of award. Pursuant to Charter Section 3.105, all contract awards are subject to certification by the Controller as to the availability of funds.

Minimum wage rates for this project must comply with the current General Prevailing Wage as determined by the State Department of Industrial Relations. Minimum wage rates other than applicable to General Prevailing Wage must comply with Administrative Code Chapter 12P, Minimum Compensation Ordinance.

This Project is subject to the requirements of the San Francisco Local Hiring Policy for Construction ("Policy") as set forth in Administrative Code Section 6.22(g). Bidders are hereby advised that the requirements of the Policy will be incorporated as a material term of any contract awarded for the Project. Refer to Section 00 73 30 of the Project Manual for more information.

Bidders are hereby advised that the Contractor to whom the Contract is awarded must be certified by the Contract Monitoring Division as being in compliance with the Equal Benefits Provisions of Chapter 12B of the Administrative Code within two weeks after notification of award.

If a bidder objects on any ground to any bid specification or legal requirement imposed by this Advertisement for Bids, the bidder shall, no later than the 10th working day prior to the date of Bid opening, provide written notice to the Contract Administration Division, San Francisco Public Works, setting forth with specificity the grounds for the objection.

3/7/19

**CNS-3227431#
SMALL BUSINESS EXCHANGE**

Fictitious Business Name Statements

FICTITIOUS BUSINESS NAME STATEMENT File No. A-0385438-00

Fictitious Business Name(s):
3FIVE55
Address
775 Post Street #109, San Francisco, CA 94109
Full Name of Registrant #1
Shelley Bradford Bell
Address of Registrant # 1
775 Post Street #109, San Francisco, CA 94109

This business is conducted by **An Individual**.
The registrant(s) commenced to transact business under the fictitious business name(s) listed above on **NOT APPLICABLE**.

Signed: **Shelley Bradford Bell**

This statement was filed with the County Clerk of San Francisco County on **03/01/2019**

Notice: This fictitious name statement expires five years from the date it was filed. A new fictitious business name statement must be filed prior to this date. The filing of this statement does not of itself authorize the use in this state of a fictitious business name in violation of the right of another under Federal, State or Common Law

Filed: **Fallon Lim**
Deputy County Clerk
03/01/2019

3/07/2019 + 3/14/2019 + 3/21/2019 + 3/28/2019

FICTITIOUS BUSINESS NAME STATEMENT File No. A-0385330-00

Fictitious Business Name(s):
C.C. Arts & Crafts Studio
Address
1478 19th Avenue #8, San Francisco, CA 94122
Full Name of Registrant #1
Yun Hsuan Chin
Address of Registrant # 1
1478 19th Avenue #8, San Francisco, CA 94122

This business is conducted by **An Individual**.
The registrant(s) commenced to transact business under the fictitious business name(s) listed above on **02/21/2019**

Signed: **Yun Hsuan Chin**

This statement was filed with the County Clerk of San Francisco County on **02/21/2019**

Notice: This fictitious name statement expires five years from the date it was filed. A new fictitious business name statement must be filed prior to this date. The filing of this statement does not of itself authorize the use in this state of a fictitious business name in violation of the right of another under Federal, State or Common Law

Filed: **Fallon Lim**
Deputy County Clerk
02/21/2019

3/07/2019 + 3/14/2019 + 3/21/2019 + 3/28/2019

FICTITIOUS BUSINESS NAME STATEMENT File No. A-0385297-00

Fictitious Business Name(s):
Control JMA Cleaning Service
Address
2721 Geneva Avenue, Daly City, CA 94014
Full Name of Registrant #1
Melvin Ostorga
Address of Registrant # 1
2721 Geneva Avenue, Daly City, CA 94014

This business is conducted by **An Individual**.
The registrant(s) commenced to transact business under the fictitious business name(s) listed above on **02/19/2019**

Signed: **Melvin Ostorga**

This statement was filed with the County Clerk of San Francisco County on **02/19/2019**

Notice: This fictitious name statement expires five years from the date it was filed. A new fictitious business name statement must be filed prior to this date. The filing of this statement does not of itself authorize the use in this state of a fictitious business name in violation of the right of another under Federal, State or Common Law

Filed: **Giselle Romo**
Deputy County Clerk
02/19/2019

2/28/2019 + 3/07/2019 + 3/14/2019 + 3/21/2019

FICTITIOUS BUSINESS NAME STATEMENT File No. A-0385158-00

Fictitious Business Name(s):
Dr. La Mar Sheppard, DC
Address
2636 Judah Street #149, San Francisco, CA 94122
Full Name of Registrant #1
La Mar Anthony Sheppard
Address of Registrant # 1
3325 Lincoln Way, San Francisco, CA 94122

This business is conducted by **An Individual**.
The registrant(s) commenced to transact business under the fictitious business name(s) listed above on **2/7/2019**

Signed: **La Mar Sheppard**

This statement was filed with the County Clerk of San Francisco County on **02/07/2019**

Notice: This fictitious name statement expires five years from the date it was filed. A new fictitious business name statement must be filed prior to this date. The filing of this statement does not of itself authorize the use in this state of a fictitious business name in violation of the right of another under Federal, State or Common Law

Filed: **Mariedyne L. Argente**
Deputy County Clerk
02/07/2019

02/14/2019 + 2/21/2019 + 2/28/2019 + 3/07/2019

FICTITIOUS BUSINESS NAME STATEMENT File No. A-0385178-00

Fictitious Business Name(s):
1.) Forty Three Thirty Six
2.) Waterglass Records
Address
528 Via de la Valle, Unit K, Solana Beach, CA 92075
Full Name of Registrant #1
Michael Reyna
Address of Registrant # 1
528 Via de la Valle, Unit K, Solana Beach, CA 92075

This business is conducted by **An Individual**.
The registrant(s) commenced to transact business under the fictitious business name(s) listed above on **01/17/2019**

Signed: **Michael Reyna**

This statement was filed with the County Clerk of San Francisco County on **02/08/2019**

Notice: This fictitious name statement expires five years from the date it was filed. A new fictitious business name statement must be filed prior to this date. The filing of this statement does not of itself authorize the use in this state of a fictitious business name in violation of the right of another under Federal, State or Common Law

Filed: **Giselle Romo**
Deputy County Clerk
02/08/2019

02/14/2019 + 2/21/2019 + 2/28/2019 + 3/07/2019

FICTITIOUS BUSINESS NAME STATEMENT File No. A-0385299-00

Fictitious Business Name(s):
Giant Maintenance Services
Address
227 Kingston Street, San Francisco, CA 94110
Full Name of Registrant #1
Mashal Alkoheem
Address of Registrant # 1
227 Kingston Street, San Francisco, CA 94110

This business is conducted by **An Individual**.
The registrant(s) commenced to transact business under the fictitious business name(s) listed above on **01-02-2010**

Signed: **Mashal Alkoheem**

This statement was filed with the County Clerk of San Francisco County on **02-19-2019**

Notice: This fictitious name statement expires five years from the date it was filed. A new fictitious business name statement must be filed prior to this date. The filing of this statement does not of itself authorize the use in this state of a fictitious business name in violation of the right of another under Federal, State or Common Law

Filed: **Giselle Romo**
Deputy County Clerk
02/19/2019

2/21/2019 + 2/28/2019 + 3/07/2019 + 3/14/2019

FICTITIOUS BUSINESS NAME STATEMENT File No. A-0385001-00

Fictitious Business Name(s):
Grem's Good Dog
Address
170 A South Van Ness, San Francisco, CA 94103
Full Name of Registrant #1
Facet Workshop Incorporated, (DE)
Address of Registrant # 1
170 A South Van Ness, San Francisco, CA 94103

This business is conducted by **A Corporation**.
The registrant(s) commenced to transact business under the fictitious business name(s) listed above on **1/29/2019**

Signed: **Julie Walton**

This statement was filed with the County Clerk of San Francisco County on **01/29/2019**

Notice: This fictitious name statement expires five years from the date it was filed. A new fictitious business name statement must be filed prior to this date. The filing of this statement does not of itself authorize the use in this state of a fictitious business name in violation of the right of another under Federal, State or Common Law

Filed: **Maribel Jaldon**
Deputy County Clerk
01/29/2019

2/28/2019 + 3/07/2019 + 3/14/2019 + 3/21/2019

FICTITIOUS BUSINESS NAME STATEMENT File No. A-0385276-00

Fictitious Business Name(s):
Grocery Outlet of Visitation Valley
Address
2630 Bayshore Blvd., San Francisco, CA 94134
Full Name of Registrant #1
J & A Seven Wonders Corp (CA)
Address of Registrant # 1
8758 Sierra View Court, Rancho Cucamonga, CA 91730

This business is conducted by **A Corporation**.
The registrant(s) commenced to transact business under the fictitious business name(s) listed above on **N/A**

Signed: **Juanita J. Villegas**

This statement was filed with the County Clerk of San Francisco County on **02/15/2019**

Notice: This fictitious name statement expires five years from the date it was filed. A new fictitious business name statement must be filed prior to this date. The filing of this statement does not of itself authorize the use in this state of a fictitious business name in violation of the right of another under Federal, State or Common Law

Filed: **Homyrah Alocozy**
Deputy County Clerk
02/15/2019

2/21/2019 + 2/28/2019 + 3/07/2019 + 3/14/2019

FICTITIOUS BUSINESS NAME STATEMENT File No. A-0385379-00

Fictitious Business Name(s):
Jamie Zee Productions
Address
668 Cambridge Street, San Francisco, CA 94134
Full Name of Registrant #1
Jamie Zimmer
Address of Registrant # 1
668 Cambridge Street, San Francisco, CA 94134

This business is conducted by **An Individual**.
The registrant(s) commenced to transact business under the fictitious business name(s) listed above on **2/1/2019**.

Signed: **Jamie Zimmer**

This statement was filed with the County Clerk of San Francisco County on **02/25/2019**.

Notice: This fictitious name statement expires five years from the date it was filed. A new fictitious business name statement must be filed prior to this date. The filing of this statement does not of itself authorize the use in this state of a fictitious business name in violation of the right of another under Federal, State or Common Law

Filed: **Giselle Romo**
Deputy County Clerk
02/25/2019

3/07/2019 + 3/14/2019 + 3/21/2019 + 3/28/2019

FICTITIOUS BUSINESS NAME STATEMENT File No. A-0385131-00

Fictitious Business Name(s):
Mid Market Community Benefit District
Address
901 Market Street, Suite 490, San Francisco, CA 94103
Full Name of Registrant #1
Central Market Community Benefit Corporation (CA)
Address of Registrant # 1
901 Market Street, Suite 490, San Francisco, CA 94103

This business is conducted by **A Corporation**.
The registrant(s) commenced to transact business under the fictitious business name(s) listed above on **02/05/2019**

Signed: **Tracy Everwine**

This statement was filed with the County Clerk of San Francisco County on **02/05/2019**

Notice: This fictitious name statement expires five years from the date it was filed. A new fictitious business name statement must be filed prior to this date. The filing of this statement does not of itself authorize the use in this state of a fictitious business name in violation of the right of another under Federal, State or Common Law

Filed: **Maribel Jaldon**
Deputy County Clerk
02/05/2019

02/14/2019 + 2/21/2019 + 2/28/2019 + 03/07/2019

FICTITIOUS BUSINESS NAME STATEMENT File No. A-0385235-00

Fictitious Business Name(s):
Prosperity Service Center
Address
1958 19th Avenue, San Francisco, CA 94116
Full Name of Registrant #1
Yu Qun Chen
Address of Registrant # 1
1958 19th Avenue, San Francisco, CA 94116

This business is conducted by **An Individual**.
The registrant(s) commenced to transact business under the fictitious business name(s) listed above on **02/08/2019**

Signed: **Yu Qun Chen**

This statement was filed with the County Clerk of San Francisco County on **02-12-2019**

Notice: This fictitious name statement expires five years from the date it was filed. A new fictitious business name statement must be filed prior to this date. The filing of this statement does not of itself authorize the use in this state of a fictitious business name in violation of the right of another under Federal, State or Common Law

Filed: **Maribel Jaldon**
Deputy County Clerk
02/12/2019

2/21/2019 + 2/28/2019 + 3/07/2019 + 3/14/2019

FICTITIOUS BUSINESS NAME STATEMENT File No. A-0385436-00

Fictitious Business Name(s):
Spring Ahead Coaching
Address
55 New Montgomery Street, #802, San Francisco, CA 94105
Full Name of Registrant #1
Kealy Spring
Address of Registrant # 1
7 Ortega Court, Pacifica, CA 94044

This business is conducted by **An Individual**.
The registrant(s) commenced to transact business under the fictitious business name(s) listed above on **3/1/2019**

Signed: **Kealy Spring**

This statement was filed with the County Clerk of San Francisco County on **03/01/2019**

Notice: This fictitious name statement expires five years from the date it was filed. A new fictitious business name statement must be filed prior to this date. The filing of this statement does not of itself authorize the use in this state of a fictitious business name in violation of the right of another under Federal, State or Common Law

Filed: **Fallon Lim**
Deputy County Clerk
03/01/2019

3/07/2019 + 3/14/2019 + 3/21/2019 + 3/28/2019

FICTITIOUS BUSINESS NAME STATEMENT

FICTITIOUS BUSINESS NAME STATEMENT File No. A-0385469-00

Fictitious Business Name(s):
The Olympic Cafe
Address
555 Geary Street, San Francisco, CA 94102
Full Name of Registrant #1
Electrocell Promotions, Inc. (CA)
Address of Registrant # 1
244 Kearny Street, Floor #7, San Francisco, CA 94108

This business is conducted by **A Corporation**.
The registrant(s) commenced to transact business under the fictitious business name(s) listed above on **3/04/2019**.

Signed: **Brian Sheehy**

This statement was filed with the County Clerk of San Francisco County on **03/04/2019**

Notice: This fictitious name statement expires five years from the date it was filed. A new fictitious business name statement must be filed prior to this date. The filing of this statement does not of itself authorize the use in this state of a fictitious business name in violation of the right of another under Federal, State or Common Law

Filed: **Sonya Yi**
Deputy County Clerk
03/04/2019

3/07/2019 + 3/14/2019 + 3/21/2019 + 3/28/2019

FICTITIOUS BUSINESS NAME STATEMENT File No. A-0385323-00

Fictitious Business Name(s):
Yu Design
Address
653 8th Avenue, San Francisco, CA 94118-3701
Full Name of Registrant #1
Diana Nowlan
Address of Registrant # 1
653 8th Avenue, San Francisco, CA 94118-3701

This business is conducted by **An Individual**.
The registrant(s) commenced to transact business under the fictitious business name(s) listed above on **Not Applicable**

Signed: **Diana Yu Nowlan**

This statement was filed with the County Clerk of San Francisco County on **02-20-2019**

Notice: This fictitious name statement expires five years from the date it was filed. A new fictitious business name statement must be filed prior to this date. The filing of this statement does not of itself authorize the use in this state of a fictitious business name in violation of the right of another under Federal, State or Common Law

Filed: **Sonya Yi**
Deputy County Clerk
02/20/2019

2/28/2019 + 3/07/2019 + 3/14/2019 + 3/21/2019

FICTITIOUS BUSINESS NAME STATEMENT File No. A-0385440-00

Fictitious Business Name(s):
Stevens & Associates
Address
855 Sansome Street, Floor #2, San Francisco, CA 94111
Full Name of Registrant #1
Myles C. Stevens
Address of Registrant # 1
539 18th Avenue, San Francisco, CA 94121

This business is conducted by **An Individual**.
The registrant(s) commenced to transact business under the fictitious business name(s) listed above on **10/18/1978**

Signed: **Myles C. Stevens**

This statement was filed with the County Clerk of San Francisco County on **03/01/2019**

Notice: This fictitious name statement expires five years from the date it was filed. A new fictitious business name statement must be filed prior to this date. The filing of this statement does not of itself authorize the use in this state of a fictitious business name in violation of the right of another under Federal, State or Common Law

Filed: **Mariedyne L. Argente**
Deputy County Clerk
03/01/2019

3/07/2019 + 3/14/2019 + 3/21/2019 + 3/28/2019



Public Legal Notices

March 2019 Outreach Ads

Let your career take off at San Francisco International Airport (SFO)! A variety of career opportunities are available including airport administration, positions with airlines, security, baggage and cargo handling, driving, food service, retail, and more! Some companies are offering signing bonuses. SFO also offers robust education and internship programs, helping to pave the pathway for future employment. Contact community@flysfso.com or 650-821-5242 to learn more.

Big opportunities are also available for small businesses at SFO! The Airport offers a wide variety of business opportunities ranging from construction to concessions to professional services. Contact smallbusiness@flysfso.com or 650-821-5022 to learn more about upcoming opportunities and the range of supports that enable small businesses to compete equitably.

The San Francisco Youth Commission Transformative Justice Committee invites youth 12-24 years old to participate in a youth - police Roundtable. Beyond creating a space for truth and understanding, we wish to bring together solutions. The youth commission hopes to empower youth from different walks of life, who are at the forefront of the juvenile justice system, to sit down with law enforcement to come up with community oriented solutions to issues plaguing the current justice system and how it interacts with youth.

The event will be held March 12th, 2019 at the SF Main Library Latino/Hispanic Room A from 5 - 7 pm.

For any questions or concerns, please contact Caroline.truong@sfgov.org

RSVP here: <https://www.eventbrite.com/e/youth-police-roundtable-tickets-56439555229>

Child support matters can be complicated, stressful, and confusing. The Department of Child Support Services helps parents understand the process so they know their rights and options for making and receiving support payments. Call us today at (866) 901-3212 or visit our office at 617 Mission Street to learn how we can help you. Information is also available online at www.sfgov.org/dcss. **CNS-3225921#**



DIVERSITY OUTREACH

- Advertise
- ITB to Targeted (NAIC/SIC/UNSPSC) Certified Business
- Telephone Follow-up (Live)
- Agency/Organization Letters
- Computer Generated Dated/ Timed Documentation
- Customized Reports Available

Download **OUTREACH ORDER FORM:**
www.sbeinc.com/services/diversity_outreach.cfm

SMALL **BUSINESS** EXCHANGE

Small Business Growth and Survival



Continued from page 1

Working with a mentor or counselor from SCORE, a Small Business Development Center, Women's Business Center or a Veterans Business Outreach Center can help with all aspects of starting, growing or expanding your business.

Learn More:

The SBA will host a Twitter chat on "How to Find a Business Mentor" Thursday, February 7 at 3 p.m. ET. Join us and follow along with the hashtag #SBAchat.

SBA's sources of mentoring and counseling:

Women's Business Centers (WBCs) are part of a nationwide network that provides business training, counseling and other resources to help women start and grow successful businesses. Tied closely to the SBA, WBCs are also able to advise women about business financing such as SBA loan programs. If you are interested in selling to the U.S. government, WBCs can also provide guidance and training resources to help you get started and navigate the process.

Small Business Development Centers (SBDCs) help entrepreneurs realize their dream of business ownership, and SBDC counselors can help businesses remain competitive in an ever-changing global economy. Business owners can access free one-on-one counseling and low-cost training. Some of the counseling and training topics available include marketing, regulatory compliance, technology development and international trade.

SCORE is the nation's largest network of volunteer business mentors. These business executives share real-world knowledge at no cost and fit your busy schedule. SCORE mentors are available as often as you need in person, via email or over video chat.

Veterans Business Outreach Centers provide entrepreneurial development services such as business training, counseling and resource partner referrals to transitioning service members, veterans, National Guard & Reserve members and military spouses interested in starting or growing a small business.

SOURCE: www.sba.gov

Moving Is Fun....Really!

Continued from page 2

of the move to relieve some of the cost, i.e., having friends help with lighter boxes, very fragile or incredibly valuable items.

As you get closer to the move date, make special arrangements for your pets and children. The house has already been disrupted, things are strewn about, the last thing you need is a child under foot asking about every item as it goes into a box. This is a great time for relatives to take your children for a visit or to spend time out with friends in some fun activity that takes them out from under foot. If it rains on the day of the move be prepared to lay plastic sheeting under the boxes to protect hardwood floors.

Make your life as easy as possible. There is nothing as exhausting—physically, mentally, and emotionally—as moving; be prepared for extra stress and the resulting short tempers. To make things easier, budget for eating out more often or having meals delivered. If you enjoy cooking, cook ahead and freeze full meals. In this way, dinner decisions are eliminated and become one less thing to worry about.

Despite all your best planning, things will go wrong. Everything takes longer than you expect and glitches are bound to happen. Try not to let it make you crazy. Even if you are moving to the home of your dreams, moving is tiring. Don't push so hard that you increase the load. Take frequent breaks. Treat yourself to dinner, a hot bath, a massage, or anything that will make you feel better. A successful move means that it is done in the time frame you have set and the end result is a new home, not a nervous breakdown.

Odette Pollar is a nationally known speaker, author, and consultant. President of the management consulting firm, Smart Ways to Work based in Oakland, CA, her most recent book is *Surviving Information Overload*. Email to share your comments, questions and suggestions: odette@SmartWaysToWork.com.

Visit us at:

www.smartwaystowork.com
call: 1-800-599-8463.

SPECIAL OFFER

DO YOU KNOW ABOUT THE 3-FOR-1 AD OFFER IN THE SMALL BUSINESS EXCHANGE?

SBE increases the value of a single ad ... by 3!

**We will make it worth your while using
our value-added services!**

3 ADS FOR ONE PRICE

- 1 paid in the SBE weekly newspaper and you receive
- 1 in the Friday daily e-Newsletter
- 1 on the website (running until bid date).

(Proof of Publication will be included for all)

3 for 1

Email ad copy to **Nabil Vo** at nvo@sbeinc.com

SBE IS CERTIFIED BY:

- California DGS

- California UCP

- New Orleans RTA (Louisiana UCP)

- New York UCP

Adjudicated newspaper of general circulation in the City and County of San Francisco (Gov. C. 6023)
Outreach periodical contract with the San Francisco OCA (Resolution No. 26 7-17)

SMALL
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